


May Howard Pre-K

Good morning Pre-K! Please choose from any of the activities below and have fun learning at home. If you choose to go on an adventure or engage in play based learning instead of the activities below, we'd love to hear about what you have engaged in (a visit to a park, creating art, fine motor practice, cooking). Keep reading books with your children. Snuggling up and reading an actual book is the best, but online stories are great too! Epic, Story online, and Story time from Space are all online options (bottom right section of the symboloo <https://mayhowardprek.weebly.com/additional-activities.html>) Your May Howard teachers are recording weekday stories and posting to the website as well. <https://mayhowardprek.weebly.com/story-time.html> Have fun!

Language and Literacy CLL6.4f	Social Studies SS4.4d	Math MA5.4b	Science CP2.4e
<p>Head-Hip-Feet (CVC words)</p> <p>With your child(ren) standing, instruct him/her to listen as you call out words and their sounds.</p> <p>When the first sound is introduced, have the children place their hands on their head.</p> <p>When the second sound is made, the children will place their hands on their hips. As the last sound in the word is made, the children will touch their feet. Use several words containing three sounds until the children consistently identify them.</p>	<p>Stay curious</p> <p>Use your computer, tablet or smart phone to look up how a rainbow is formed.</p> <p>Did you hear these science terms? Refraction Dispersion</p> <p>What math terms did you hear?</p> <p>Go into your backyard and make a rainbow using a hose. Make sure it is a sunny day!</p>	<p>Pentominoe</p> <p>Pentominoes are figures made by placing five squares in different arrangements, making sure that at least one side of each square is touching the side of another square. For example, the squares may be arranged side by side, in a row or tower. Or they may be placed so that they are in the shape of a "T" with three squares forming the vertical line and two squares forming each side of the top of the "T." Provide the children with paper marked off into a grid and many squares. Have them build as many different pentominoes as they can. Using square Post-its® will let them move their squares into multiple arrangements easily.</p>	<p>Growing Rainbow</p> <p>Items needed 2 squares toilet paper Washable markers Small cup of water</p> <p>Using your markers, make a row of dots along the line where the two squares meet.</p> <p>Place one end of the toilet paper into the cup (just touching the water).</p> <p>Watch your rainbow grow.</p> 

Mindfulness

PE

Mindful listening

Today's mindful activity is mindful listening. You need to watch the video, listen to the sound and try to guess what it is. Close your eyes if that helps, can you focus only on listening?

[Guess the Sound Game 3 | 20 Sounds to Guess](#)

Mirror Exercise

"Everyone gets a partner."

1. Players stand in two lines, facing each other, about a meter apart.
2. One is the leader, the other, the "mirror."
3. Leader moving only from the waist up, the leader begins to make simple gestures or movements. (Use smooth, continuous movements.)
4. The "mirror" duplicates the leader's movements exactly – just as a mirror would. (If the leader raises their right hand, the "mirror" should raise their left, just like the figure in a real mirror would.)
5. The goal is to mirror the partner perfectly, so the leader should move carefully so that the 'mirror' will not fall behind.
6. If you feel like a challenge: Let the leader use the whole body, not just from the waist up. Add levels and depth. (A step closer, a step further back...)
7. Switch leader/mirror a few times by calling out "change."



Question of the day

Would you rather be a professional swimmer or a football player? Why?