## May Howard Pre-K

Monday, April 20th

Good morning Pre-K! Please choose from any of the activities below and have fun learning at home. If you choose to go on an adventure or engage in play based learning instead of the activities below, we'd love to hear about what you have engaged in (a visit to a park, creating art, fine motor practice, cooking). Keep reading books with your children. Snuggling up and reading an actual book is the best, but online stories are great too! Epic, Story online, and Story time from Space are all online options (bottom right section of the symbaloo https://mayhowardprek.weebly.com/additional-activities.html) Your May Howard teachers are recording weekday stories and posting to the website as well. <a href="https://mayhowardprek.weebly.com/story-time.html">https://mayhowardprek.weebly.com/story-time.html</a> Have fun!

Language and Literacy CLL6.4c	Social Studies SS2.4b	Math MA1.4e / MA2.4c	Science SC3.4a
Play the picnic game with your family. It starts like this: "I went on a picnic and I brought and apple" The next player says, "I went on a picnic and I brought and apple and bubblegum."  Each player has to say an object that starts with the same sound or next letter of the alphabet.  OR	Origami challenge  Origami is the Japanese art of folding paper into decorative shapes and figures. How many different figures can you create? Can you find different uses for them? Use this link for inspiration: https://www.easypeas yandfun.com/easy- origami-for-kids/	Roll the Dice Fitness Challenge  You will need two dice, pen and paper for this activity. You may use other props such as PE equipment or things around the home.  First, come up with 11 sets of activities to do and write them down. For example: If you Roll a 2 - pushups 2x Roll a 3 - crawl under the table 3x Roll a 4 - step up to a chair and jump down 4x	Bees communicate with each other by "dancing". They do a waggle dance to tell other bees where to find pollen.  Click the link to play the "Waggle Dance" game with your child. <a href="https://pbskids.org/plu_mlanding/educators/act_ivities/waggle_dance_fam.html">https://pbskids.org/plu_mlanding/educators/act_ivities/waggle_dance_fam.html</a>
Play the listen and match game online. Can you match the cans that make the same sound? Teaching Children to Read  Listen and Match Listen carefully to the sounds in the cans and match them with ones that are the same. Good fun.		Roll an 11 - high-five /punch a cushion 11x Roll a 12 - do jumping jacks 12x  Roll two dice and add up the sum. Find the number and on your instruction sheet and complete the set of actions. Play for as long as you would like. Play with other people and take turns rolling the dice and doing the actions together.	Record YOUR waggle dance to show to your teacher!

Mindfulness SED1.4b Music CR1.4a

Mindful Eating - Click to watch a video about a Taste Test Taste Test | Cosmic Kids Zen Den - Mindfulness for kids

And then teach your family about mindful eating.

Look - what colors and shapes do you see? Listen - does your food make a sound? Touch - is it smooth, bumpy or rough?

Smell - what does your food smell like? Taste - have them put the food on their tongue but don't let them chew it just yet.

Notice how it feels in your mouth. Do you taste anything yet? Start to chew, does the flavor change? How many different flavors are there?

Mindful eating can become a regular practice in your household. Have a chat with your child about how you can make this happen.

Play Rimsky-Korsakov's "Flight of the Bumblebee" for the child. Talk about how the music might make them think of a bumblebee flying or how the music makes them feel. Next play the piece again and encourage the children to buzz around with elbows flapping searching for flowers and nectar. When they've gathered all their nectar, have them fly back to the hive to feed the queen bee.

Question of the day - Which one doesn't belong? Why? Challenge: Can you come up with a reason for each piece?

