## May Howard Pre-K

Week 3 Independent Learning Days Friday, April 10th

Good morning Pre-K! Please choose from any of the activities below and have fun learning at home. If you choose to go on an adventure or engage in play based learning instead of the activities below, we'd love to hear about what you have engaged in (a visit to a park, creating art, fine motor practice, cooking). Keep reading books with your children. Snuggling up and reading an actual book is the best, but online stories are great too! Epic, Story online, and Story time from Space are all online options (bottom right section of the symbaloo https://mayhowardprek.weebly.com/additional-activities.html) Have fun!

Language and Literacy	Math	Social Studies	Science
CLL4.4c	MA1.4f	SS2.4b,c / CLL9.4c	SC2.4d
Read the story 'Dear Zoo' Dear Zoo - World Book Day Draw a picture of your perfect pet and cut it out. Then draw the box it would come in and hide the picture behind the box. See if your family can guess what your ideal pet is by describing how your ideal pet moves.  OR  Tell a story based on this photo.	Hopscotch  Outside, using chalk, draw hopscotch. Throw a beanbag or stone and say the number where it lands. Hop and retrieve the object and hop back.  And / Or  Write numbers 1-10 or 1-20 in a line. Close your eyes and get someone to cover one number. What is the missing number? How do you know?	Aboriginal Writing  On a table or tray, spread a thin layer of shaving foam/ flour or sand. Using your finger, trace the patterns below.  Research the Australian Outback with your family.	During outdoor time, encourage the children to use clipboards, paper, markers, crayons and pencils to draw pictures of the weather. As the children share their pictures with you, have them model the use of descriptive words such as "brisk," "chilly" and "crisp."

## Mindfulness PE / Movement APL1.4c PDM3.4a, b / CLL1.4b Simon Says BACK TO BACK BREATHING Simon says - do jumping jacks, Simon says - run around in circles, Simon says - do windmills .... Everyone has to do what Simon says unless he / she doesn't say Simon says before the command. Make sure whoever is Simon gets you very active. Find a partner and sit on the floor back to back. Sit And / Or tall and close your eyes if you want to. Decide who will start - that person begins by inhaling deeply and then exhaling slowly, and then continues to breathe slowly and deeply. Their partner should Blow up a balloon and bring it outside. How long feel the expansion in their partner's back each time they breathe in and then try to sync their can you keep it off the ground? Count! own breathing so that both partners are breathing in time together.

## Question of the day MA7.4b

