


# May Howard Pre-K

Independent Learning Day 10

Friday, April 3rd

Good morning Pre-K! Today is Friday. Please choose from any of the activities below and have fun learning at home. If you choose to go on an adventure or engage in play based learning instead of the activities below, we'd love to hear about what you have engaged in (a visit to a park, creating art, cooking etc).

Keep reading books with your children. Snuggling up and reading an actual book is the best, but online stories are great too! Epic, Story online, and Story time from Space are all online options (bottom right section of the symboloo <https://mayhowardprek.weebly.com/additional-activities.html> )

Language and Literacy	Social Studies	Math	Science
<p>Describe your favorite toy without saying what it is.</p> <p>For example: It has a long tail. It has a red hat. It has spikey plates on its back. What can roar?</p> <p>Answer: _____</p> <p>Or</p> <p>Change one of the characters from a story book. Read the story using your new character. For example, the big bad wolf becomes the evil fierce dragon.</p> <p>Is the story more exciting? Does it still make sense or do you need to change something else so that story makes sense?</p>	<p>Create a family treasure box, a shoebox filled with examples of favorite things, family artifacts and family celebrations. Tell your family about the items in the treasure box at dinnertime.</p>	<p>Count how many toys you have.</p> <p>Or</p> <p>Count how many steps from your front door to your bedroom.</p>	<p>Make a <a href="#">hammock</a> with a bedsheet and table -</p>  <p>Or</p> <p>Exploring light - Rainbows are beautiful and you'd be lucky to see one in the sky. Can you make one using a hose outside on a sunny day?</p>

Mindfulness	Music
<p>Mindful listening - Find a comfortable and quiet place to sit. Close your eyes and calm your mind and body. Take 10 slow, deep breaths in and out. When you feel ready, use your mindful ears and listen carefully to your environment. What do you hear? What's loud? What's soft? Did you hear anything strange? How did you feel after your mindful listening exercise? More relaxed, I hope!</p> <p>Or</p> <p>Practice yoga with <a href="#">Cosmic Yoga</a> - The very hungry caterpillar.</p>	<p>Draw what you hear</p> <p>Let your child listen to various genres of music. May including some of their favorite songs. Prepare some blank pieces of paper and access to markers, colored pencils, crayons, and/or paint.</p> <p>Give children time to create their own "visual artwork" while listening to music. Parents are welcome to do the same as children.</p> <p>Encourage children to draw what they feel or draw what the music reminds them of.</p> <p>Maybe the music reminds them of raindrops, being in a boat on the water, riding a bike, spending time with a loved one, etc.</p>